



FREQUENTLY ASKED QUESTIONS

WHAT: San Diego Dragon Boat Festival

WHEN: Saturday, May 1, 2010, 9 am – 5 pm (Teams arrive at 8:00 am for registration & orientation)

WHERE: Playa Pacifica (north of Hilton), Mission Bay Park. See map at

http://sdalliance.org/DBF%20Files/Festival_map.pdf.

What should I bring and wear on race day?

- ❑ Wear water-resistant clothes (e.g., shorts, bathing suit underneath, rash guard, windbreak).
- ❑ **DO NOT WEAR JEANS, COTTON, or FLEECE** because you will get wet!!
- ❑ Optional, but recommended items include a hat, sunglasses, sunscreen, and water gloves.
- ❑ You may wish to wear water-resistant shoes or go barefoot in the boats. **FLIP FLOPS are NOT recommended.**
- ❑ Do not wear a watch or jewelry that you do not want to get wet.
- ❑ Bring a towel, change of clothes and shoes, water or sports drink.
- ❑ Please also bring money to buy lunch from Festival food vendors as well as SD Dragon Boat Festival t-shirts and other souvenirs, including Asian arts and crafts.
- ❑ Bring your camera too!
- ❑ **Team leaders--PLEASE BRING YOUR OWN TENT, CANOPY, OR TARP if you would like a covered shelter in your team's assigned area. You will be on grass. Please bring your own lawn chairs, picnic mats, etc. to sit in your team's assigned area.**

What does dragon boat racing look like?

To learn more about Dragon Boat Team and dragon boat racing, please visit: <http://www.sddbdt.com/>

To learn more about SD Dragon Boat Festival, please visit <http://www.sdalliance.org/>

What do I receive for my \$31.25 registration fee? (for 16-paddler teams paying \$500/ team)

Paddlers who register, execute a waiver, and pay a non-refundable \$31.25 will receive the following:

- (1) Use of wooden paddle blade*
- (2) Use of life jacket* (optional wear)
- (3) Use of 40-foot dragon boat*
- (4) On-site paddle training and water commands from SDDBT
- (5) Participation in two or more dragon boat races
- (6) Souvenir Festival program booklet

(*Paddles, life jackets, and dragon boats are property of SDDBT and must be returned.)

What do I receive for my \$40 registration fee? (for 16-paddler teams paying \$640/ team)

All of the above, plus

- (7) Souvenir Festival T-shirt

How many races will I participate in?

Depending on how your team fares, you will paddle in at least two races and as many as six races. Using the "round robin" elimination method, the winning team in one heat will compete against the

winning team in another heat until we are left with two competitors. The top three teams will rank First (gold), Second (silver), and Third (bronze) place.

May I participate in the Festival if I do not have a team of 16?

Yes, SDDBT will place you on a team.

May I participate in the Festival if I can only stay for part of the day?

SDDBT will find you a replacement. Alternatively, your team may race with fewer than 16 paddlers.

Will I have the opportunity to practice before race day?

No, SDDBT will provide paddlers with on-site training on the day of the race. No experience is required. All paddlers in the Festival are novice.

What can I do to prepare and train for the race?

Cardio and strength training are recommended, but not necessary. All paddlers in the Festival are novice. (On the day of the event, make sure to stay hydrated and stretch when possible)

How is the winning team determined?

First boat to cross the “finish line” is the winning team for that heat. SDDBT has full discretion to call the winner of close races.

What is the physical distance of the races?

Depending on the wind and other weather conditions, one race would be 250 meters.

How can I monitor the progress of my team throughout the Festival?

SDDBT and Alliance will post the winners from each heat at a central location.

What do I receive if my team wins?

The top three teams will receive both a trophy for the team and 16 medals for the individual paddlers.

Is the Festival free and open to the public?

Yes! The event is free and open to the public.

Can friends and family watch me paddle?

Our Dragon Boat Festival is for everyone. Have friends, family and fans come down for the day and cheer you on! The location of our Festival is ideal for viewing the entire race from start to finish.

When you are not racing, join your entourage in enjoying our Asian Pacific Heritage Festival on land. Try Asian cuisines, shop for arts and crafts, appreciate the works of Asian artists and craftspeople.

What is the schedule for the Festival?

The schedule, subject to change without notice, is listed below:

FESTIVAL SCHEDULE

8:00- Volunteers’ Organizational Meeting at Alliance Tent.

8:00- Teams arrive and setup at assigned spots

(See map at http://sdalliance.org/DBF%20Files/Festival_map.pdf)

8:30- Captains/Team Leaders’ Meeting at SDDBT Tent.

9:00- **Call to Assembly to Main Stage**
SD Lucky Lion Dancers

Festival Opening Ceremony

Ceremonies of Blessing-the-Dragon-Boats & Dotting-the-Dragon's-Eyes

10:00- First Teams to Instruction Tents/Marshalling Areas

10:20- Begin First Round Races

[Racing continues during lunch hour]

12:20- Second Round and Finals

4:00- **Closing Ceremony on Main Stage**

[Entertainment, food, arts and crafts of Asian Pacific Heritage Festival continuous all day]